



Coping with Loss

Facilitated by Michelle Ganss, LLMSW, Bereavement Counselor

Healing from the loss of a loved one is a difficult and unique process, but there are tips to help people learn how to grieve in healthy and productive ways. Harbor Hospice offers a once a month drop-in support series designed for adults who are grieving the loss of a loved one. Each month will focus on a different aspect of the grieving process while also helping participants learn how to develop personal support systems.

The Oceana County Area series will be offered on the
second Tuesday of each month

from

2:00 pm – 3:00 pm

Tuesdays

January 12, February 9, March 9, April 13, May 11, June 8

Hart Area Public Library

415 South State Street

Hart, MI 49420

Registration is appreciated but not required.
Please call us at 231.873.0359 in Oceana County with questions.

